

INTERNATIONAL POWERLIFTING FEDERATION
Arnold Equipped Men, JHB (RSA), 18-20.05.2018

DETAILED SCORESHEET - POWERLIFTING

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat			All Bench Press			All Deadlift			TOTAL	W.pts.	Pts.	Winner by Wilks points			
																					Middle	Heavy
-83kg																						
1	Techap Fongang	09.05.89	CMR	79.75	0.6841	2	240.0	240.0	250.0	1	170.0	175.0	1	270.0	280.0	285.0	1	705.0	482.29	12	1	
-93kg																						
1	Smith Adrian	17.10.99	RSA	91.00	0.6349	8	267.5	267.5	267.5	2	185.0	185.0	2	250.0	257.5	257.5	1	702.5	446.02	12		1
2	Shehnifeiyz Moshen	01.01.90	IRN	85.45	0.6564	3	250.0	270.0	280.0	1	150.0	160.0	3	230.0	240.0	252.5	2	675.0	443.07	9		2
-105kg																						
1	Phillips Mark	04.04.68	RSA	96.40	0.6180	13	225.0	235.0	245.0	1	160.0	170.0	4	225.0	245.0	255.0	1	660.0	407.88	12		3
Best Lifters of Open																						
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.															
1	Techap Fongang	Cameroon	79.75	0.6841	705.0	482.29	1															
2	Smith Adrian	South Africa	91.00	0.6349	702.5	446.02	1															
3	Shehnifeiyz Moshen	Iran	85.45	0.6564	675.0	443.07	2															

INTERNATIONAL POWERLIFTING FEDERATION
Arnold Equipped Men, JHB (RSA), 18-20.05.2018

DETAILED SCORESHEET - BENCH PRESS

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat			All Bench Press			All Deadlift			TOTAL	W.pts.	Pts.	Winner by Wilks points				
																					Heavy	SuperHeavy	
-93kg																							
1	Jacobsz David	21.10.81	RSA	92.10	0.6311	7	X	X	X	—	200.0	207.5	207.5	1	X	X	X	—	200	126.2	12	2	
-105kg																							
1	Hayes Riaan	22.02.82	RSA	103.90	0.5998	12	X	X	X	—	230.0	230.0	230.0	1	X	X	X	—	230	138	12	1	
2	Schoonraad Christo	23.03.63	RSA	102.70	0.6024	14	X	X	X	—	165.0	175.0	180.0	2	X	X	X	—	180	108.4	9		3
3	Snyman Ruben	24.11.00	RSA	97.45	0.6151	15	X	X	X	—	160.0	160.0	165.0	3	X	X	X	—	165	101.5	8		
-120kg																							
1	Boveiri Iman	01.01.90	IRN	107.65	0.5925	10	X	X	X	—	205.0	220.0	232.5	1	X	X	X	—	232.5	137.8	12		2
2	Janse van Rensburg Henni	03.12.81	RSA	108.75	0.5906	16	X	X	X	—	195.0	202.5	207.5	2	X	X	X	—	202.5	119.6	9		3
120+kg																							
1	Furman Ian	06.11.67	RSA	131.10	0.5647	23	X	X	X	—	250.0	250.0	250.0	1	X	X	X	—	250	141.2	12		1
Best Lifters of Open																							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.																
1	Furman Ian	South Africa	131.10	0.5647	250	141.20	1																
2	Hayes Riaan	South Africa	103.90	0.5998	230	138.00	1																
3	Boveiri Iman	Iran	107.65	0.5925	232.5	137.80	1																

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
CMR = Cameroon RSA = South Africa

**INTERNATIONAL POWERLIFTING FEDERATION
Arnold Equipped Women, JHB (RSA), 18-20.05.2018
DETAILED SCORESHEET - POWERLIFTING**

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat			All Bench Press			All Deadlift			TOTAL	W.pts.	Pts.	Heavy			
-72kg																						
1	Salamatou Bouba	17.05.91	CMR	68.35	0.7634	1	115.0	420.0	120.0	1	70.0	80.0	80.0	1	120.0	130.0	140.0	1	340.0	259.56	12	2
84+kg																						
1	de Jager Christi	17.05.86	RSA	87.85	0.6465	5	140.0	150.0	160.0	1	110.0	120.0	125.0	1	140.0	150.0	160.0	2	435.0	281.23	12	1
—	Rees Jacqui	25.03.80	RSA	94.75	0.6228	6	175.0	180.0	180.0	—	105.0	112.5	117.5	3	155.0	170.0	180.0	1	DSQ	—	—	

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	de Jager Christi	South Africa	87.85	0.6465	435.0	281.23	1
2	Salamatou Bouba	Cameroon	68.35	0.7634	340.0	259.56	1

**INTERNATIONAL POWERLIFTING FEDERATION
Arnold Equipped Women, JHB (RSA), 18-20.05.2018
DETAILED SCORESHEET - BENCH PRESS**

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat			All Bench Press			All Deadlift			TOTAL	W.pts.	Pts.	Heavy			
84+kg																						
1	Green Nicola	17.05.70	RSA	93.45	0.6268	7	X	X	X	—	117.5	122.5	127.5	1	X	X	X	—	122.5	104.3	12	1

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Green Nicola	South Africa	93.45	0.6268	122.5	104.30	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
CMR = Cameroon RSA = South Africa

INTERNATIONAL POWERLIFTING FEDERATION
Arnold Classic Men, JHB (RSA), 18.05.2018
DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat			All Bench Press			All Deadlift			TOTAL	W.pts.	Pts.	Winners based on Wilks points						
							1	2	3	1	2	3	1	2	3				Light	Middle	Heavy	SuperHeavy			
-53kg																									
1	Tshepo Mulaudzi	01.01.90	RSA	49.50	1.0344	1	75.0	85.0	85.0	1	60.0	60.0	67.5	1	130.0	135.0	137.5	1	272.5	281.87	12				
-59kg																									
1	Adam Imdadullah	08.08.88	RSA	55.00	0.9267	2	145.0	155.0	173.0	1	70.0	80.0	85.0	2	140.0	155.0	165.0	1	400.0	370.68	12	2			
2	Matsheka Katlego	02.03.97	RSA	59.50	0.8594	3	85.0	92.5	97.5	2	80.0	85.0	85.0	1	120.0	130.0	142.5	2	325.0	279.31	9				
-66kg																									
1	Tarakoli Darkani Esmail	25.02.88	IRN	65.50	0.7901	4	200.0	220.0	220.0	1	92.5	102.5	107.5	1	210.0	225.0	240.0	1	527.5	416.78	12	1			
2	Manamela Karabo	01.01.90	RSA	66.00	0.7852	5	130.0	160.0	160.0	2	85.0	90.0	92.5	2	190.0	200.0	205.0	2	452.5	355.30	9				3
-74kg																									
1	Ramaisa Tumelo	01.01.90	RSA	72.20	0.7322	90	180.0	190.0	200.0	1	120.0	125.0	130.0	2	220.0	240.0	247.5	1	555.0	406.37	12				
2	Sangari Darius	29.05.94	RSA	73.30	0.7242	13	147.5	157.5	162.5	3	125.0	130.0	135.0	1	180.0	200.0	210.0	2	507.5	367.53	9				
3	Bekker Andre	10.09.88	RSA	71.75	0.7356	11	165.0	180.0	190.0	2	100.0	110.0	115.0	4	195.0	210.0	210.0	4	490.0	360.44	8				
4	du Toit Lance	21.05.96	RSA	72.65	0.7289	7	140.0	152.5	162.5	4	115.0	120.0	127.5	3	165.0	177.5	190.0	5	462.5	337.12	7				
5	Morley Regan	21.05.94	RSA	73.65	0.7217	10	130.0	140.0	150.0	5	100.0	105.0	X	5	150.0	160.0	170.0	7	415.0	299.51	6				
6	Hassan Yunus	01.05.54	RSA	72.05	0.7333	9	110.0	120.0	130.0	7	50.0	60.0	65.0	7	180.0	195.0	205.0	3	400.0	293.32	5				
7	Fourie Charles-Lee	03.01.94	RSA	73.40	0.7235	91	120.0	132.5	132.5	6	80.0	85.0	87.5	6	165.0	182.5	200.0	6	400.0	289.40	4				
-83kg																									
1	Techap Fongang	09.05.88	CMR	79.30	0.6865	21	225.0	230.0	X	2	170.0	175.0	177.5	1	270.0	280.0	282.5	2	680.0	466.82	12				1
2	Singham Habilu Nsobeh	10.02.88	CMR	79.20	0.6871	15	210.0	210.0	215.0	4	155.0	160.0	170.0	2	270.0	280.0	285.0	1	655.0	450.05	9				2
3	Coppenhall Matthew	16.09.87	RSA	81.25	0.6761	19	225.0	235.0	237.5	1	155.0	162.5	162.5	3	250.0	260.0	267.5	3	650.0	439.46	8				3
4	Mohamed Marie	19.05.77	EGY	82.00	0.6724	99	210.0	220.0	225.0	3	145.0	155.0	160.0	4	245.0	255.0	255.0	4	620.0	416.89	7				
5	van der Net Justin	31.05.91	RSA	81.60	0.6744	8	180.0	190.0	200.0	5	105.0	112.5	117.5	7	190.0	210.0	225.0	6	542.5	365.86	6				
6	Khuse Luyolo	03.06.97	RSA	80.30	0.6811	18	180.0	190.0	200.0	6	120.0	130.0	130.0	6	140.0	160.0	180.0	7	435.0	296.28	5				
7	de Nysschen Tommie	30.05.68	RSA	76.93	0.7003	6	115.0	120.0	X	7	115.0	118.0	120.0	5	130.0	150.0	170.0	8	420.0	294.13	4				
8	Banda Patrick	01.01.90	RSA	78.90	0.6888	102	90.0	100.0	110.0	8	50.0	55.0	60.0	8	200.0	226.0	230.0	5	391.0	269.32	3				
-93kg																									
1	Blake Jade	19.05.94	RSA	92.60	0.6295	32	250.0	262.5	267.5	1	170.0	175.0	180.0	1	250.0	262.5	267.5	3	710.0	446.94	12				2
2	Mehrdad Daran	19.05.00	IRN	91.55	0.6330	97	200.0	200.0	230.0	7	120.0	125.0	140.0	6	270.0	300.0	302.5	1	640.0	405.12	9				
3	de Wet Henk	26.01.74	RSA	92.60	0.6295	31	200.0	215.0	228.0	2	135.0	142.5	X	5	230.0	260.0	275.0	4	630.5	396.90	8				
4	Bekker Armand	23.03.90	RSA	89.50	0.6402	30	200.0	205.0	207.5	6	140.0	150.0	150.0	3	250.0	267.5	270.0	2	620.0	396.92	7				
5	Alexandre Eydieux	26.09.87	FRA	85.25	0.6572	47	192.5	202.5	207.5	3	147.5	155.0	160.0	2	215.0	230.0	242.5	8	597.5	392.68	6				
6	Wewege Tom	24.08.92	RSA	92.15	0.6310	29	200.0	210.0	210.0	8	135.0	145.0	147.5	4	230.0	252.5	260.0	5	597.5	377.02	5				
7	Ayekpa Archie	18.04.88	RSA	84.20	0.6619	14	190.0	200.0	210.0	5	135.0	145.0	145.0	8	200.0	215.0	230.0	7	565.0	373.97	4				
8	Bell Joshua	14.12.91	NAM	91.65	0.6326	27	175.0	182.5	190.0	10	140.0	145.0	145.0	7	215.0	225.0	235.0	6	557.5	352.68	3				
9	Smedley Deon	04.05.84	RSA	88.60	0.6436	28	170.0	185.0	200.0	9	110.0	120.0	130.0	9	210.0	225.0	250.0	9	540.0	347.54	2				
10	Piper Nathan	19.10.88	RSA	90.20	0.6377	25	175.0	190.0	205.0	4	115.0	130.0	130.0	10	190.0	210.0	235.0	10	530.0	337.98	1				
-105kg																									
1	Yazdanikachouei Mostafa	01.01.90	IRN	102.80	0.6021	34	260.0	275.0	282.5	2	145.0	152.5	152.5	4	320.0	337.5	352.5	1	765.0	460.61	12				1
2	Deetlefs Nicholas	19.10.84	RSA	104.45	0.5987	36	245.0	260.0	270.0	3	170.0	180.0	185.0	1	260.0	280.0	287.5	2	742.5	444.54	9				
3	Hussin Reda	19.05.00	EGY	99.35	0.6102	-10	260.0	280.0	290.0	1	160.0	160.0	170.0	3	270.0	280.0	290.0	3	730.0	445.45	8				3
4	Njuwou Ngamri Ibrahim	18.02.80	CMR	93.50	0.6266	23	210.0	210.0	215.0	5	160.0	170.0	170.0	2	255.0	265.0	272.5	4	645.0	404.16	7				
5	Mellet Stefan	06.08.87	RSA	96.00	0.6191	35	160.0	175.0	185.0	6	115.0	125.0	132.5	6	200.0	220.0	225.0	6	535.0	331.22	6				
6	Bensch Dennis	14.12.68	RSA	104.20	0.5992	33	175.0	182.5	190.0	7	115.0	122.5	125.0	7	200.0	210.0	215.0	8	520.0	311.58	5				
7	Menne Sebastian	02.03.90	NAM	94.65	0.6231	24	150.0	160.0	170.0	8	120.0	125.0	125.0	5	195.0	210.0	220.0	7	515.0	320.90	4				
8	Furman Justin	25.05.01	RSA	101.00	0.6062	39	145.0	152.5	160.0	9	85.0	92.5	95.0	8	170.0	185.0	190.0	9	437.5	265.21	3				
—	Snyman Ruben	24.11.00	RSA	0.00	1.3354	-10	400.0	100.0	X	10	430.0	430.0	430.0	—	X	X	X	—	DSQ	—	—				
—	Schoonraad Christo	23.03.68	RSA	103.45	0.6007	37	225.0	240.0	247.5	4	140.0	140.0	140.0	—	230.0	245.0	255.0	5	DSQ	—	—				
-120kg																									
1	Koule Victor	18.02.97	CMR	112.90	0.5840	43	270.0	280.0	285.0	1	170.0	175.0	180.0	1	300.0	310.0	315.0	1	775.0	452.60	12				3
2	Jansen van Vuuren Saxon	21.10.92	RSA	113.35	0.5833	42	170.0	175.0	175.0	2	75.0	80.0	87.5	2	190.0	210.0	220.0	2	482.5	281.44	9				
120+kg																									
1	Masoudi Sajad	01.01.90	IRN	142.05	0.5576	44	300.0	310.0	330.0	1	200.0	220.0	235.0	1	300.0	300.0	330.0	2	895.0	499.05	12				1
2	Noonan Kyle	08.03.90	RSA	131.00	0.5648	49	275.0	285.0	290.0	3	185.0	192.5	197.5	2	320.0	340.0	345.0	1	827.5	467.37	9				2
3	Mousavai Seyedali	01.01.90	IRN	125.50	0.5694	45	250.0	265.0	280.0	4	150.0	162.5	167.5	4	270.0	285.0	292.5	3	740.0	421.36	8				
4	Sadeghpour Mehdi	01.01.90	IRN	138.35	0.5598	46	260.0	275.0	275.0	5	170.0	177.5	180.0	3	260.0	285.0	305.0	4	697.5	390.46	7				
5	Hamed Khauf	19.05.00	EGY	121.20	0.5736	101	250.0	280.0	300.0	2	80.0	X	X	6	230.0	250.0	270.0	5	630.0	361.37	6				
6	Janse van Vuuren Antoni	01.01.90	RSA	123.65	0.5711	48	180.0	190.0	200.0	6	110.0	115.0	117.5	5	200.0	220.0	230.0	6	535.0	305.54	5				

Nation (points)

1	South Africa	57	[12+12+12+12+9]	1973.24	w.pts.
---	--------------	----	-----------------	---------	--------

6 France

6 [6] 392.68 w.pts.

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Masoudi Sajad	Iran	142.05	0.5576	895.0	499.05	1
2	Noonan Kyle	South Africa	131.00	0.5648	827.5	467.37	2
3	Techap Fongang	Cameroon	79.30	0.6865	680.0	466.82	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CMR = Cameroon

IRN = Iran

EGY = Egypt

NAM = Namibia

FRA = France

RSA = South Africa

INTERNATIONAL POWERLIFTING FEDERATION
Arnold Classic Bench Men, JHB (RSA), 18-20.05.2018
SCORESHEET

PL.	Name	B.Date	Team	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.	Winners based on Wilks points		
													Middle	Heavy	SuperHeavy
-83kg															
1	Techap Fongang	09.05.89	CMR	79.60	0.6849	1	170.0	175.0	177.5	177.5	121.57	12	1		
2	Coppenhall Matthew	16.09.87	RSA	82.35	0.6706	4	150.0	160.0	170.0	160.0	107.30	9	2		
3	Mohamed Marie	19.05.77	EGY	82.05	0.6721	57	145.0	155.0	155.0	145.0	97.45	8	3		
4	Behdani Khosro	01.01.90	IRN	79.50	0.6854	3	70.0	80.0	85.0	80.0	54.83	7			
-93kg															
1	Karimi Naser	01.01.90	IRN	90.95	0.6350	5	150.0	167.5	175.0	175.0	111.13	12		1	
2	Jacobsz David	21.10.81	RSA	92.45	0.6300	6	165.0	170.0	172.5	170.0	107.10	9		2	
3	Alexandre Eydieux	26.09.87	FRA	86.00	0.6540	12	145.0	155.0	162.5	155.0	101.37	8		3	
4	McDuling Janco	20.05.90	RSA	88.30	0.6447	-10	110.0	115.0	120.0	120.0	77.36	7			
-105kg															
1	Hamed Khauaf	19.05.00	EGY	99.50	0.6098	56	80.0	80.0	X	80.0	48.78	12			
-120kg															
1	Hayes Riaan	22.02.82	RSA	106.30	0.5950	11	195.0	202.5	205.0	202.5	120.49	12			1
2	Janse van Rensburg Henni	03.12.81	RSA	110.20	0.5882	9	160.0	165.0	170.0	170.0	99.99	9			3
3	Hussin Reda	19.05.00	EGY	120.00	0.5749	55	160.0	170.0	175.0	170.0	97.73	8			
120+kg															
1	Furman Ian	06.11.67	RSA	131.10	0.5647	13	187.5	195.0	201.0	195.0	110.12	12			2

Nation (points)

1	South Africa	51	[12+12+9+9+9]	544.99 w.pts.
2	Egypt	28	[12+8+8]	243.97 w.pts.
3	Iran	19	[12+7]	165.96 w.pts.
4	Cameroon	12	[12]	121.57 w.pts.
5	France	8	[8]	101.37 w.pts.

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1	Techap Fongang	Cameroon	79.60	0.6849	177.5	121.57	1
2	Hayes Riaan	South Africa	106.30	0.5950	202.5	120.49	1
3	Karimi Naser	Iran	90.95	0.6350	175.0	111.13	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 CMR = Cameroon FRA = France RSA = South Africa
 EGY = Egypt IRN = Iran

INTERNATIONAL POWERLIFTING FEDERATION
Arnold Classic Bench Women, JHB (RSA), 18-20.05.2018
SCORESHEET

PL.	Name	B.Date	Team	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.	Winners based on Wilks points		
													Light	Middle	Heavy
-52kg															
1	Muto Giulia	27.06.87	RSA	49.90	1.2866	3	65.0	70.0	70.0	70.0	90.06	12	1		
2	Samadijanbaz Mozhgan	31.12.99	IRN	53.80	1.2141	1	50.0	57.5	57.5	57.5	69.81	9	2		
-57kg															
1	Botha Vicki	17.05.73	RSA	55.25	1.1891	4	70.0	72.5	75.0	75.0	89.18	12		1	
-84kg															
1	Van Staden Sandri	16.05.88	RSA	83.85	0.8925	14	82.5	87.5	90.0	87.5	78.09	12			2
2	Zanganeh Samayeh	01.01.91	IRN	82.65	0.8991	12	70.0	85.0	92.5	85.0	76.42	9			
3	du Toit Chantelle	07.10.85	RSA	75.90	0.9436	9	77.5	82.5	90.0	82.5	77.85	8			3
84+kg															
1	Fofe Fokem Christelle	17.05.87	CMR	110.90	0.8117	8	110.0	145.0	115.0	115.0	93.35	12			1
2	de Jager Christi	17.05.86	RSA	87.75	0.6469	7	75.0	80.0	85.0	80.0	51.75	9			

Nation (points)

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
1	Fofe Fokem Christelle	Cameroon	110.90	0.8117	115.0	93.35	1
2	Muto Giulia	South Africa	49.90	1.2866	70.0	90.06	1
3	Botha Vicki	South Africa	55.25	1.1891	75.0	89.18	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CMR = Cameroon

RSA = South Africa

IRN = Iran

INTERNATIONAL POWERLIFTING FEDERATION
Arnold Double Deadlift, JHB (RSA), 18-20.05.2018
SCORESHEET

PL.	Name	B.Date	Nation	Weight	WF	Squat	BENCH.	Deadlift	TOTAL	W.Pts.	Pts.	Winners based on Wilks points					
												2 Men	2 Women	1 Man, 1 Woman			
120+kg																	
1	MehrdadYarali + Mehdi	20.05.9C	IRN	229.30	0.5317	—	—	—	—	552.5	1	552.5	293.76	12	1		
2	Iman + Sayad	20.05.9C	IRN	245.40	0.5317	—	—	—	—	550.0	2	550.0	292.44	9	2		
3	Antoni + Malcolm	01.01.9C	RSA	239.80	0.5317	—	—	—	—	460.0	3	460.0	244.58	8	3		
4	Adrian + Archie	01.01.9C	RSA	176.75	0.5398	—	—	—	—	442.5	4	442.5	238.86	7	4		
5	Terence + Angelique	01.01.9C	RSA	196.50	0.5321	—	—	—	—	430.0	5	430.0	228.80	6			1
6	Mustafa + Somaya	20.05.9C	IRN	186.85	0.5351	—	—	—	—	385.0	6	385.0	206.01	5			2
7	Lauren + Andre	20.05.9C	RSA	194.75	0.5325	—	—	—	—	375.0	7	375.0	199.69	4			3
8	Christi + Jacqui	01.01.9C	RSA	182.95	0.5368	—	—	—	—	295.0	8	295.0	158.36	3		2	
9	Megan + Chantelle	01.01.9C	RSA	136.30	0.5611	—	—	—	—	285.0	9	285.0	159.91	2		1	

Nation (points)

1	South Africa	28	[8+7+6+4+3]	1070.29 w.pts.
2	Iran	26	[12+9+5]	792.21 w.pts.

Best Lifters of Open

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	MehrdadYarali + Mehdi	Iran	229.30	0.5317	552.5	293.76	1
2	Iman + Sayad	Iran	245.40	0.5317	550.0	292.44	2
3	Antoni + Malcolm	South Africa	239.80	0.5317	460.0	244.58	3

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

IRN = Iran

RSA = South Africa