

POWERLIFTING

SA BENCH PRESS CHAMPIONSHIP 2009

28 FEBRUARY 2009

PROV	AGE TEAM	DIV	NAME	BODY MASS	B/P			TOTAL (kg)	WILKS PTS	POS	TEAM PTS	INCENTIVE BADGE
					1ST	2ND	3RD					
FS	S	90	PIETER ERASMUS	89.40	200.0 +	217.5 +	225.0 +	225.0	144.13	1	12	Elite 4
G	S	90	KOBUS ENGLEBRECHT	89.45	160.0 +	170.0 +	185.0 +	185.0	118.47	2	9	Elite 1
NW	S	90	JOHAN SMITH	88.75	170.0 +	177.5 +	182.5 +	182.5	117.35	3	8	Gold
EP	S	90	HEINRICH JANSE VAN RENSBURG	90.00	155.0 +	165.0 -	165.0 -	155.0	98.95	4	7	Black
FS	S	90	DESMOND DU TOIT	87.70	160.0 -	160.0 -	-				-	White
G	S	90	JOSHUA CAZAZORIO	89.50	130.0 -	145.0 -	145.0 -				-	White
EP	S	100	CHARLES VORSTER	95.55	175.0 +	182.5 +	190.0 +	190.0	117.88	1	12	Gold
G	S	100	HENK DE WET	93.85	165.0 +	175.0 +	182.5 -	175.0	109.46	2	9	Silver
G	S	100	MARK PHILLIPS	92.40	165.0 -	165.0 -	175.0 -				-	White
G	S	110	GARY KATZEN	107.20	172.5 +	177.5 +	187.5 +	187.5	111.25	1	12	Silver
G	S	110	JOHNATHAN FEATHERSTONE	105.25	175.0 +	185.0 +	210.0 -	185.0	110.46	2	9	Silver
NW	S	110	JACQUES BOOYGEN	106.70	180.0 +	200.0 -	200.0 -	180.0	106.97	3	8	Bronze
G	S	110	NICK TATALIAS	110.00	165.0 +	172.5 +	177.5 +	177.5	104.46	4	7	Bronze
GN	S	110	JAN GREYVENSTEIN	101.85	150.0 +	165.0 +	180.0 -	165.0	99.78	5	6	Black
GN	S	110	PIETER HURN	106.95	200.0 -	205.0 -	205.0 -				-	White
G	S	125	IAN FURMAN	124.50	245.0 +	255.0 +	262.5 -	255.0	145.43	1	12	Elite 4
EP	S	125	ANDRE LUDICK	110.50	162.5 +	167.5 +	172.5 +	172.5	101.38	2	9	Black
KZN	S	125	FRANK JANSE VAN RENSBURG	118.35	220.0 -	220.0 -	220.0 -				-	White
FS	S	125+	LOUIS NEL	126.45	200.0 +	215.0 -	215.0 -	200.0	113.71	1	12	Silver
FS	S	125+	MICHAEL DU PLESSIS	158.20	160.0 +	172.5 +	180.0 -	172.5	94.72	2	9	Black
G	S	125+	RUWAN KLEINSMIT	129.45	260.0 -	260.0 -	270.0 -				-	White
G	M1	75	EUGENE POPOV	72.50	167.5 +	172.5 -	177.5 +	177.5	129.57	1	12	Elite 2
EP	M1	82.5	KALLIE VAN DER WALT	81.90	180.0 -	180.0 -	182.5 +	182.5	122.80	1	12	Elite 1
G	M1	82.5	SOLOMON LEIBENBERG	79.15	110.0 -	115.0 +	125.0 +	125.0	85.92	2	9	Blue
KZN	M1	110	SAMUEL FAIRFOOT	109.95	190.0 +	200.0 +	210.0 -	200.0	117.72	1	12	Gold
G	M1	110	GARY KATZEN	107.20	172.5 +	177.5 +	187.5 +	187.5	111.25	2	9	Silver
G	M1	110	NICK TATALIAS	110.00	165.0 +	172.5 +	177.5 +	177.5	104.46	3	8	Bronze
G	M1	100	MARK PHILLIPS	92.40	165.0 -	165.0 -	175.0 -				-	White
G	M1	125	IAN FURMAN	124.50	245.0 +	255.0 +	262.5 -	255.0	145.43	1	12	Elite 4
EP	M1	125+	MARTHINIUS VAN ROOYEN	127.10	170.0 +	175.0 +	177.5 -	175.0	99.39	2	9	Black
G	M2	75	ERROL GOTTLICH	72.85	90.0 +	95.0 +	100.0 +	100.0	72.74	1	12	Green
G	M2	82.5	NIEL COLEMAN	81.50	120.0 +	130.0 -	130.0 -	120.0	80.98	1	12	Blue
NW	M2	110	IAN BUCKLE	106.70	197.5 +	202.5 +	207.5 +	207.5	123.31	1	12	Elite 1
EP	M2	100	ANDREW PRETORIUS	97.25	142.5 +	147.5 +	152.5 +	152.5	93.89	2	9	Black
EP	M2	125	ANDRE LUDICK	110.50	162.5 +	167.5 +	172.5 +	172.5	101.38	1	12	Black
GN	M2	125	WILLY JOHNSTONE - ROBERTSON	116.65	150.0 +	165.0 -	185.0 -	150.0	86.83	2	9	Blue
WP	M3	82.5	PETER VERMAAK	81.10	125.0 +	130.0 +	135.0 +	135.0	91.38	1	12	Brown
G	M3	82.5	DAN OPPENHEIM	75.70	120.0 +	127.5 +	132.5 -	127.5	90.27	2	9	Blue
G	M3	90	WILLIAM KEMPEN	84.50	125.0 +	130.0 -	130.0 -	125.0	82.57	3	8	Blue

PROV	AGE TEAM	DIV	NAME	BODY MASS	B/P			TOTAL (kg)	WILKS PTS	POS	TEAM PTS	INCENTIVE BADGE
					1ST	2ND	3RD					
NW	F-SJ	82.5	ESMAY SMITH	81.15	60.0 +	65.0 +	70.0 -	65.0	59.01	1	12	Orange
EP	F-J	56	LIEZEL PRETORIUS	54.15	70.0 +	75.0 +	80.0 -	75.0	90.60	1	12	Silver
EP	F-J	67.5	GENE PETTIT	63.85	60.0 +	65.0 +	70.0 -	65.0	69.11	1	12	Blue
G	F-M1	48	LANI COLEMAN	46.90	50.0 +	55.0 -	55.0 +	55.0	74.08	1	12	Black
EP	F-M1	82.5	ANITA RAS	81.10	60.0 +	65.0 +	70.0 -	65.0	59.03	2	9	Orange
Guest	F-S	90	IELJA STRIK	88.75	165.0 +	175.0 +	183.5 -	175.0	152.11	1	12	Elite 4
GN	SJ	60	STUART MURCHIE	58.80	82.5 -	82.5 +	95.0 +	95.0	82.55	1	12	Blue
GN	SJ	67.5	KAGISO TLHONG	65.70	82.5 +	87.5 +	92.5 -	87.5	68.96	2	9	Orange
G	SJ	82.5	SEAN ANTHONY	77.95	135.0 +	140.0 -	142.5 +	142.5	98.92	1	12	Black
NW	SJ	90	JOHAN SMITH	88.75	170.0 +	177.5 +	182.5 +	182.5	117.35	1	12	Gold
FS	SJ	90	NIEL ELS	83.90	120.0 +	130.0 -	135.0 +	135.0	89.54	2	9	Brown
FS	J	75	SAREL PRETORIUS	73.25	150.0 +	157.5 +	160.0 -	157.5	114.12	1	12	Gold
GN	J	75	PIETER FOURIE	73.70	120.0 +	140.0 +	145.0 -	140.0	101.00	2	9	Bronze
G	J	82.5	SEAN ANTHONY	77.95	135.0 +	140.0 -	142.5 +	142.5	98.92	1	12	Black
FS	J	82.5	RUBEN HUMAN	81.50	160.0 -	160.0 -	160.0 -				-	White
NW	J	90	JOHAN SMITH	88.75	170.0 +	177.5 +	182.5 +	182.5	117.35	1	12	Gold
GN	J	90	ETIENNE POTGIETER	84.70	160.0 +	170.0 +	175.0 -	170.0	112.14	2	9	Silver
EP	J	90	HEINRICH JANSE VAN RENSBURG	90.00	155.0 +	165.0 -	165.0 -	155.0	98.95	3	8	Black
FS	J	90	MIAS STRAUSS	86.65	135.0 +	140.0 -	140.0 +	140.0	91.18	4	7	Brown
G	J	90	MICHAEL MOTAUNG	85.20	105.0 +	110.0 +	120.0 +	120.0	78.90	5	6	Green
G	J	90	JOHN MACKECHNIE	87.15	105.0 +	115.0 +	125.0 -	115.0	74.67	6	5	Green
FS	J	90	FLIPPIE PRETORIUS	86.90	135.0 -	135.0 -	-				-	White
G	J	90	JOSHUA CAPAZORIO	89.50	130.0 -	145.0 -	145.0 -				-	White
GN	J	125	HEINRICH GESKE	118.50	100.0 -	100.0 +	160.0 -	100.0	57.66		-	White
GN	J	125+	BAREND JANSE VAN VUUREN	144.20	275.0 -	275.0 -	275.0 -				-	White
G	S	52	THABO THAHLANOHAKA	48.15	95.0 +	100.0 -	100.0 +	100.0	106.66	1	12	Bronze
FS	S	60	MOSES TSIMANIE	59.20	115.0 +	125.0 +	135.0 +	135.0	116.57	1	12	Elite 1
G	S	75	EUGENE POPOV	72.50	167.5 +	172.5 -	177.5 +	177.5	129.57	1	12	Elite 2
G	S	75	MARLON DANIELS	73.70	165.0 +	172.5 +	177.5 +	177.5	128.05	2	9	Elite 2
KZN	S	75	VINAY GOSAI	73.05	135.0 +	145.0 +	150.0 -	145.0	105.27	3	8	Silver
G	S	82.5	DARRYN ANTHONY	82.00	165.0 +	170.0 -	170.0 +	170.0	114.30	1	12	Gold
G	S	82.5	SEAN ANTHONY	77.95	135.0 +	140.0 -	142.5 +	142.5	98.92	2	9	Black
G	S	82.5	DAN OPPENHEIM	75.70	120.0 +	127.5 +	132.5 -	127.5	90.27	3	8	Blue