

SA RAW POWERLIFTING - LIFTER FLIGHTS

| LOT | FLIGHT | M/W | CLASS | BW | LIFTER NAME | PROVINCE | BIRTHDATE | OPENING LIFTS | | | BASE | CATEGORIES LIFTER HAS ENTERED | | | | | | | | |
|---------------------------------------|--------|-----|--------|--------|-----------------------|----------|------------|---------------|----|----|----------|-------------------------------|-----|---|----|----|----|--|--|----|
| | | | | | | | | SQ | BP | DL | CATEGORY | S/J | J | S | M1 | M2 | M3 | | | |
| Competition 1 - Weigh In 07H00 | | | | | | | | | | | | | | | | | | | | |
| 1 | 1 | W | 47J | 47.00 | Valeska Mbatha | Gauteng | 06/08/1993 | | | | J | | J | S | | | | | | |
| 2 | 1 | W | 72S | 72.00 | Laura De Wet | Gauteng | 04/11/1974 | | | | S | | | S | | | | | | |
| 3 | 1 | W | 72J | 72.00 | Romy Rubin | Gauteng | 01/01/1990 | | | | J | | J | S | | | | | | |
| 4 | 1 | W | 84J | 76.00 | Esther Caddy | Gauteng | 22/06/1990 | | | | J | | J | S | | | | | | |
| 5 | 1 | W | 84S | 76.00 | Michelle Israel | Gauteng | 08/01/1979 | | | | S | | | S | | | | | | |
| 6 | 1 | W | 84+S | 90.00 | Ri-Hanna Vermeulen | Gauteng | 15/06/1976 | | | | S | | | S | | | | | | |
| 7 | 1 | M | 59S | 59.00 | Shahil Sukuram | EP | 09/10/1987 | | | | S | | | S | | | | | | |
| 8 | 1 | M | 59S/J | 59.00 | Kgalisho Tiadi | Gauteng | 27/04/1997 | | | | S/J | | S/J | S | | | | | | |
| 9 | 2 | M | 66J | 60.00 | Stuart Hughs | Gauteng | 24/01/1990 | | | | J | | J | S | | | | | | |
| 10 | 2 | M | 66S/J | 66.00 | Luke Routier | Gauteng | 28/09/1996 | | | | S/J | | S/J | S | | | | | | |
| 11 | 2 | M | 66S | 66.00 | Dirk O"Kennedy | EP | 04/10/1988 | | | | S | | | S | | | | | | |
| 12 | 2 | M | 66J | 66.00 | Phomelo Phasha | Gauteng | 12/12/1993 | | | | J | | J | S | | | | | | |
| 13 | 2 | M | 66S/J | 66.00 | Thembanani Makhubada | Gauteng | 04/01/1994 | | | | S/J | | S/J | S | | | | | | |
| 14 | 2 | M | 74S/J | 71.00 | Gabriel Genn | Gauteng | 13/07/1995 | | | | S/J | | S/J | S | | | | | | |
| 15 | 2 | M | 74M3 | 74.00 | Dan Oppenheim | Gauteng | 30/06/1945 | | | | M3 | | | S | | | | | | M3 |
| 16 | 2 | M | 74J | 74.00 | Rayner Bartsch | Gauteng | 07/09/1989 | | | | J | | J | S | | | | | | |
| 17 | 2 | M | 74J | 74.00 | Thabang Mpe | Gauteng | 29/06/1990 | | | | J | | J | S | | | | | | |
| 18 | 2 | M | 74J | 74.00 | Kennedy Sekome | Gauteng | 03/03/1992 | | | | J | | J | S | | | | | | |
| 19 | 2 | M | 74J | 74.00 | Marvin Mpe | Gauteng | 26/11/1993 | | | | J | | J | S | | | | | | |
| 20 | 3 | M | 83S | 75.00 | Ricardo Fitzpatrick | NC | 30/11/1980 | | | | S | | | S | | | | | | |
| 21 | 3 | M | 83S | 80.00 | Albert De Bondt | Gauteng | 08/06/1987 | | | | S | | | S | | | | | | |
| 22 | 3 | M | 83S | 81.00 | Ryan Miller | Gauteng | 13/05/1985 | | | | S | | | S | | | | | | |
| 23 | 3 | M | 83J | 83.00 | Marcus Sapire | Gauteng | 06/02/1989 | | | | J | | J | S | | | | | | |
| 24 | 3 | M | 83J | 83.00 | Simon Delmont | Gauteng | 14/01/1990 | | | | J | | J | S | | | | | | |
| 25 | 3 | M | 83S | 83.00 | Neresh Naidoo | KZN | 16/06/1981 | | | | S | | | S | | | | | | |
| Competition 2 - Weigh In 11H00 | | | | | | | | | | | | | | | | | | | | |
| 26 | 4 | M | 93J | 85.00 | James Van Coller | Gauteng | 22/09/1992 | | | | J | | J | S | | | | | | |
| 27 | 4 | M | 93S | 87.00 | Howard Snoyman | Gauteng | 30/07/1982 | | | | S | | | S | | | | | | |
| 28 | 4 | M | 93J | 90.00 | Marcus Warriner | Gauteng | 07/10/1993 | | | | J | | J | S | | | | | | |
| 29 | 4 | M | 93S/J | 93.00 | Jonathan Du Plessis | Gauteng | 01/01/1995 | | | | S/J | | S/J | S | | | | | | |
| 30 | 4 | M | 93S | 93.00 | Stuart Mciver | Gauteng | 17/09/1982 | | | | S | | | S | | | | | | |
| 31 | 4 | M | 93J | 93.00 | Tyrone Seaton - Smith | Gauteng | 30/07/1990 | | | | J | | J | S | | | | | | |
| 32 | 4 | M | 93S | 93.00 | Brett Johnson | KZN | 10/10/1983 | | | | S | | | S | | | | | | |
| 33 | 5 | M | 105S/J | 95.00 | Dylon Bakos | Gauteng | 01/01/1994 | | | | S/J | | S/J | S | | | | | | |
| 34 | 5 | M | 105S | 103.00 | Bernard De Bruyn | LP | 26/01/1978 | | | | S | | | S | | | | | | |
| 35 | 5 | M | 105S/J | 105.00 | Jonathan Mentz | Gauteng | 15/02/1994 | | | | S/J | | S/J | S | | | | | | |
| 36 | 5 | M | 105S/J | 105.00 | Liam Schultz | Gauteng | 16/05/1997 | | | | S/J | | S/J | S | | | | | | |
| 37 | 5 | M | 105J | 105.00 | Ruan Roux | Gauteng | 07/06/1991 | | | | J | | J | S | | | | | | |
| 38 | 5 | M | 105J | 105.00 | Clyde Keevy | Gauteng | 22/05/1990 | | | | J | | J | S | | | | | | |
| 39 | 5 | M | 105M1 | 105.00 | Mark Phillips | Gauteng | 04/05/1968 | | | | M1 | | | S | | | | | | M1 |
| 40 | 5 | M | 105M1 | 105.00 | Martin Vorster | LP | 28/04/1972 | | | | M1 | | | S | | | | | | M1 |
| 41 | 5 | M | 105J | 105.00 | Trent Williams | Gauteng | 16/07/1993 | | | | J | | J | S | | | | | | |
| 42 | 5 | M | 105M3 | 105.00 | Ado Krige | Gauteng | 14/03/1947 | | | | M3 | | | S | | | | | | M3 |
| 43 | 5 | M | 105M1 | 105.00 | Cornel Welgemoed | Gauteng | 08/06/1970 | | | | M1 | | | S | | | | | | M1 |
| 44 | 5 | M | 105S | 105.00 | Deon van Der Berg | Gauteng | 14/11/1982 | | | | S | | | S | | | | | | |
| 45 | 6 | M | 120M2 | 120.00 | Gary Katzen | Gauteng | 01/01/1961 | | | | M2 | | | S | | | | | | M2 |
| 46 | 6 | M | 120M1 | 120.00 | Nigel Moss | Gauteng | 03/06/1968 | | | | M1 | | | S | | | | | | M1 |
| 47 | 6 | M | 120J | 120.00 | Juan Boooyse | Gauteng | 14/03/1990 | | | | J | | J | S | | | | | | |
| 48 | 6 | M | 120J | 120.00 | Douglas A'Bear | Gauteng | 02/07/1990 | | | | J | | J | S | | | | | | |
| 49 | 6 | M | 120M1 | 120.00 | Ian Furman | Gauteng | 11/06/1967 | | | | M1 | | | S | | | | | | M1 |
| 50 | 6 | M | 120S | 120.00 | Edwin Govender | KZN | 13/01/1980 | | | | S | | | S | | | | | | |
| 51 | 6 | M | 120M1 | 120.00 | Marthinus Van Rooyen | EP | 03/04/1965 | | | | M1 | | | S | | | | | | M1 |
| 52 | 6 | M | 120M4 | 120.00 | Morne Blignault | EP | | | | | M4 | | | S | | | | | | |
| 53 | 6 | M | 120S/J | 120.00 | Sammy Randa | Gauteng | 23/02/1994 | | | | S/J | | S/J | S | | | | | | |
| 54 | 6 | M | 120J | 120.00 | Nolan Moore | Gauteng | 01/05/1992 | | | | J | | J | S | | | | | | |
| 55 | 6 | M | 120+S | 121.00 | Christian Ashcroft | Gauteng | 05/07/1980 | | | | S | | | S | | | | | | |