

## ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION

## Asian / Pacific / African Men's Classic Bench Press Championships, Potchefstroom (South Africa), 06-13.07.2024

## SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
<b>Open</b>												
<b>-74kg</b>												
1.	Ionin Yakov	13.03.86	KAZ	73,30	0,5360	15	165,0	170,0	170,0	165,0	88,44	12
2.	Lin Ching-Lun	21.02.91	TPE	72,10	0,5407	14	130,0	137,5	142,5	137,5	74,35	9
<b>-83kg</b>												
1.	Yudchenko Sergey	11.06.96	KAZ	80,80	0,5093	18	190,0	190,0	195,0	190,0	96,76	12
<b>-93kg</b>												
—	Yemchenko Alexander	06.12.90	KAZ	84,30	0,4983	25	195,0	195,0	195,0	DSQ	—	—
<b>-105kg</b>												
1.	Turysbekov Askar	18.04.91	KAZ	102,25	0,4533	31	180,0	190,0	192,5	190,0	86,13	12
2.	Horiguchi Yosuke	27.04.93	JPN	101,95	0,4540	32	182,5	190,0	192,5	182,5	82,85	9
<b>-120kg</b>												
1.	Altaibaev Andrey	25.06.72	KAZ	112,65	0,4337	38	130,0	140,0	150,0	150,0	65,05	12

## Team (points)

1.	Kazakhstan	48	[12+12+12+12]	136,39	IPF GL
2.	Japan	9	[9]	82,85	IPF GL
3.	Chinese Taipei	9	[9]	74,35	IPF GL

## Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Yudchenko Sergey	Kazakhstan	80.80	190,0	96,7642	1
2.	Ionin Yakov	Kazakhstan	73.30	165,0	88,4402	1
3.	Turysbekov Askar	Kazakhstan	102.25	190,0	86,1342	1

## Sub-Juniors

<b>-53kg</b>												
1.	Meshilinie Samuel	24.05.06	RSA	52,00	0,6478	1	70,0	75,0	77,5	77,5	50,20	12
2.	Lazarek Denis	04.08.07	KAZ	51,65	0,6503	2	50,0	57,5	65,0	65,0	42,27	9
<b>-59kg</b>												
1.	Melnikov Pyotr	04.05.07	KAZ	59,00	0,6034	3	55,0	65,0	80,0	65,0	39,22	12
<b>-66kg</b>												
1.	Botha Ferde	26.06.08	RSA	65,95	0,5674	7	85,0	90,0	95,0	95,0	53,91	12
2.	Looock Brandon	03.01.06	RSA	64,80	0,5729	8	80,0	85,0	87,5	87,5	50,13	9
<b>-74kg</b>												
1.	Collocott Alex	19.11.08	RSA	70,25	0,5483	11	102,5	105,0	110,0	110,0	60,32	12
2.	Hanachi Med Karim	07.01.08	ALG	72,50	0,5391	12	87,5	87,5	100,0	100,0	53,91	9
3.	Naidoo Micah	10.01.08	RSA	72,10	0,5407	13	85,0	90,0	97,5	97,5	52,72	8
<b>-93kg</b>												
1.	Viljoen Jhanco	20.04.06	RSA	85,70	0,4942	24	130,0	135,0	140,0	135,0	66,71	12

## Team (points)

1.	South Africa	57	[12+12+12+12+9]	181,27	IPF GL
2.	Kazakhstan	21	[12+9]	81,49	IPF GL
3.	Algeria	9	[9]	53,91	IPF GL

## Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Viljoen Jhanco	South Africa	85.70	135,0	66,7128	1
2.	Collocott Alex	South Africa	70.25	110,0	60,3169	1
3.	Hanachi Med Karim	Algeria	72.50	100,0	53,9146	2

## Juniors

<b>-66kg</b>												
1.	Zharmenov Timur	01.01.05	KAZ	64,35	0,5751	6	70,0	80,0	85,0	85,0	48,89	12
<b>-93kg</b>												
1.	Kim Dmitriy	08.09.02	KAZ	86,90	0,4907	23	100,0	110,0	115,0	115,0	56,43	12
<b>-120kg</b>												

1. Altaybayev Andrey	03.08.03	KAZ	117,05	0,4264	36	90,0	95,0	95,0	95,0	40,51	12
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#### Team (points)

1. Kazakhstan	36 [12+12+12]	45,83IPF GL
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#### Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kim Dmitriy	Kazakhstan	86.90	115,0	56,4318	1
2.	Zharmenov Timur	Kazakhstan	64.35	85,0	48,8852	1
3.	Altaybayev Andrey	Kazakhstan	117.05	95,0	40,5118	1

#### Masters 1

-66kg												
1.	Coleman Steven	03.03.79	RSA	65,95	0,5674	5	117,5	122,5	125,0	125,0	70,93	12
-83kg												
1.	Fitzpatrick Ricardo	30.11.80	RSA	79,85	0,5124	17	140,0	150,0	150,0	150,0	76,86	12
-93kg												
1.	Jacobsz David	21.10.81	RSA	92,95	0,4746	22	160,0	170,0	177,5	170,0	80,68	12
2.	Zharmenov Denis	01.01.78	KAZ	84,35	0,4982	20	80,0	90,0	95,0	95,0	47,33	9
-105kg												
1.	Kebbab Saber	03.09.76	ALG	99,05	0,4602	28	175,0	182,5	190,0	190,0	87,44	12
-120kg												
1.	Sayyed Nasir	25.12.76	IND	105,40	0,4470	35	115,0	127,5	135,0	135,0	60,34	12
120+kg												
1.	Breetzke Simon	06.03.78	RSA	155,90	0,3809	42	175,0	185,0	185,0	175,0	66,66	12
2.	Koekemoer Werner	06.12.76	RSA	187,20	0,3593	41	150,0	160,0	162,5	160,0	57,48	9

#### Team (points)

1. South Africa	57 [12+12+12+12+9]	152,61IPF GL
2. Algeria	12 [12]	87,44IPF GL
3. India	12 [12]	60,34IPF GL
4. Kazakhstan	9 [9]	47,33IPF GL

#### Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kebbab Saber	Algeria	99.05	190,0	87,4388	1
2.	Jacobsz David	South Africa	92.95	170,0	80,6761	1
3.	Fitzpatrick Ricardo	South Africa	79.85	150,0	76,8621	1

#### Masters 2

-74kg												
1.	Lacob Yaniv	21.12.74	RSA	73,30	0,5360	10	110,0	112,5	115,0	112,5	60,30	12
-93kg												
1.	Jamal Hamid	18.04.71	MOR	89,40	0,4838	19	75,0	80,0	85,0	85,0	41,12	12
-105kg												
1.	Kanchan Vijaya	24.07.68	IND	103,40	0,4510	27	125,0	125,0	132,5	132,5	59,75	12
2.	Ingel Nicholas	27.03.71	RSA	104,05	0,4497	26	85,0	105,0	127,5	105,0	47,21	9
-120kg												
1.	de Beer Hermanus	15.04.70	RSA	112,20	0,4345	34	130,0	140,0	152,5	152,5	66,26	12
120+kg												
1.	Crain John	09.12.69	RSA	126,75	0,4123	40	165,0	175,0	185,0	175,0	72,15	12

#### Team (points)

1. South Africa	45 [12+12+12+9]	145,92IPF GL
2. India	12 [12]	59,75IPF GL
3. Morocco	12 [12]	41,12IPF GL

#### Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Crain John	South Africa	126.75	175,0	72,1485	1
2.	de Beer Hermanus	South Africa	112.20	152,5	66,2564	1
3.	Lacob Yaniv	South Africa	73.30	112,5	60,3001	1

**Masters 3****-66kg**

1.	Bruce Jc	09.05.63	RSA	65,55	0,5693	4	80,0	82,5	87,5	82,5	46,97	12
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**Team (points)**

1.	South Africa	12	[12]	46,97	IPF GL
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**Best Lifters of Masters 3 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Bruce Jc	South Africa	65.55	82,5	46,9696	1

**Masters 4****-83kg**

1.	Oppenheim Dan	30.06.45	RSA	80,60	0,5099	16	80,0	87,5	92,5	92,5	47,17	12
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**Team (points)**

1.	South Africa	12	[12]	47,17	IPF GL
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**Best Lifters of Masters 4 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Oppenheim Dan	South Africa	80.60	92,5	47,1693	1

**SOI****120+kg**

1.	Sillitoe Bryce	03.08.01	RSA	144,15	0,3919	39	80,0	87,5	95,0	95,0	37,23	12
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**Team (points)**

1.	South Africa	12	[12]	37,23	IPF GL
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**Best Lifters of SOI by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Sillitoe Bryce	South Africa	144.15	95,0	37,2298	1

**Abbreviations:**

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

ALG = Algeria

IND = India

JPN = Japan

KAZ = Kazakhstan

MOR = Morocco

RSA = South Africa

TPE = Chinese Taipei