

ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION

Asian / Pacific / African Men's Classic Powerlifting Championships, Potchefstroom (South Africa), 06-13.07.2024

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Open																					
-59kg																					
1.	Yoshioka Kyosuke	12.03.95	JPN	58,85	0,1657	1	187,5	202,5	212,5	1	140,0	140,0	140,0	1	202,5	222,5	237,5	1	575,0	95,28	12
-66kg																					
1.	Kawashima Tatsuya	26.01.93	JPN	65,95	0,1559	2	210,0	215,0	X	1	170,0	170,0	180,0	1	225,0	240,0	240,0	1	610,0	95,13	12
-74kg																					
1.	Scotty Brocka	25.07.95	NRU	73,05	0,1478	6	240,0	255,0	262,5	1	147,5	155,0	160,0	1	260,0	270,0	270,0	1	692,5	102,35	12
2.	van der Linde Ruben	22.12.95	RSA	73,15	0,1477	3	215,0	225,0	230,0	3	130,0	135,0	140,0	3	240,0	255,0	260,0	3	625,0	92,31	9
3.	Kuniyoshi Masaya	28.06.95	JPN	73,60	0,1472	7	220,0	237,5	242,5	2	135,0	142,5	142,5	4	240,0	252,5	257,5	5	625,0	92,02	8
4.	Lin Ching-Lun	21.02.91	TPE	72,30	0,1486	4	180,0	200,0	210,0	5	135,0	140,0	145,0	2	240,0	252,5	265,0	4	607,5	90,27	7
5.	Bendjedou Nacer	12.03.93	ALG	73,45	0,1474	8	212,5	212,5	225,0	4	115,0	125,0	125,0	6	250,0	270,0	287,5	2	607,5	89,53	6
6.	Gomes Leonardo	19.05.00	RSA	73,05	0,1478	5	180,0	195,0	202,5	6	125,0	130,0	132,5	5	225,0	235,0	247,5	6	560,0	82,77	5
-83kg																					
1.	Dagagio Nitram	23.09.00	NRU	82,20	0,1391	9	250,0	265,0	265,0	1	167,5	167,5	177,5	1	247,5	265,0	270,0	2	712,5	99,11	12
2.	Tsuchida Yasuhiro	14.08.95	JPN	82,75	0,1386	10	225,0	235,0	245,0	2	140,0	150,0	150,0	2	280,0	305,0	327,5	1	690,0	95,66	9
-93kg																					
1.	Ntuli Nkosinathi	24.08.97	RSA	91,95	0,1315	3	240,0	245,0	250,0	1	140,0	155,0	X	3	280,0	300,0	310,0	1	715,0	94,06	12
2.	Wilkins Joshua	17.11.00	RSA	89,75	0,1331	2	210,0	220,0	227,5	3	152,5	160,0	165,0	2	270,0	290,0	300,0	2	677,5	90,19	9
3.	Horiguchi Yosuke	27.04.93	JPN	92,95	0,1309	1	242,5	250,0	255,0	2	170,0	180,0	180,0	1	225,0	242,5	250,0	3	672,5	88,00	8
-105kg																					
1.	Naicker Kemeshan	18.04.95	RSA	104,55	0,1237	4	220,0	235,0	240,0	1	150,0	160,0	170,0	1	220,0	270,0	300,0	1	670,0	82,89	12
-120kg																					
1.	Bendjeddou Yacine	11.06.85	ALG	109,10	0,1213	8	310,0	325,0	335,0	1	175,0	185,0	185,0	1	310,0	325,0	335,0	1	845,0	102,50	12
2.	Groenewald Daine	18.03.91	RSA	118,80	0,1168	9	235,0	247,5	252,5	2	150,0	160,0	165,0	2	270,0	290,0	300,0	2	702,5	82,02	9
120+kg																					
1.	Schroder Stefan	13.12.92	RSA	143,35	0,1080	10	265,0	290,0	300,0	1	185,0	X	X	1	270,0	302,5	310,0	1	785,0	84,78	12

Team (points)

1.	South Africa	54	[12+12+12+9+9]	444,22	IPF GL
2.	Japan	49	[12+12+9+8+8]	466,08	IPF GL
3.	Nauru	24	[12+12]	201,46	IPF GL
4.	Algeria	18	[12+6]	192,03	IPF GL
5.	Chinese Taipei	7	[7]	90,27	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Bendjeddou Yacine	Algeria	109.10	845,0	102,4993	1
2.	Scotty Brocka	Nauru	73.05	692,5	102,3508	1
3.	Dagagio Nitram	Nauru	82.20	712,5	99,1130	1

Sub-Juniors

-53kg																					
1.	Cheng Wei-Chun	13.03.06	TPE	52,85	0,1756	1	100,0	110,0	115,0	1	70,0	75,0	77,5	1	137,5	145,0	150,0	2	342,5	60,13	12
2.	Meshilinie Samuel	24.05.06	RSA	51,90	0,1773	2	90,0	100,0	105,0	2	70,0	75,0	77,5	2	130,0	140,0	150,0	1	330,0	58,50	9
-59kg																					
1.	Chen Yu--Chi	11.06.06	TPE	58,90	0,1656	5	170,0	180,0	185,0	1	117,5	125,0	130,0	1	197,5	205,0	210,0	1	520,0	86,12	12
2.	Lazarek Denis	04.08.07	KAZ	53,05	0,1752	4	80,0	90,0	100,0	2	55,0	62,5	65,0	2	80,0	95,0	105,0	2	270,0	47,30	9
-66kg																					
1.	Peng Bo-Jun	06.12.07	TPE	64,60	0,1577	8	210,0	220,0	231,0	1	100,0	115,0	122,5	1	202,5	220,0	222,5	1	555,0	87,50	12
2.	Madhav Jaden	12.01.07	RSA	61,85	0,1614	7	160,0	167,5	170,0	2	70,0	80,0	87,5	2	180,0	180,0	200,0	2	457,5	73,82	9
3.	Melnikov Pyotr	04.05.07	KAZ	61,60	0,1617	6	110,0	120,0	130,0	3	65,0	75,0	80,0	3	130,0	140,0	145,0	3	350,0	56,60	8
-74kg																					
1.	Hu Yu-Sung	03.01.07	TPE	72,10	0,1488	10	210,0	215,0	220,0	2	100,0	105,0	110,0	2	260,0	270,0	285,0	1	610,0	90,77	12
2.	Su Zhong-Zhe	06.04.06	TPE	73,70	0,1471	11	215,0	225,0	232,5	1	95,0	102,5	105,0	3	250,0	275,0	285,5	2	602,5	88,64	9
3.	Collocott Alex	19.11.06	RSA	70,15	0,1510	9	145,0	155,0	155,0	3	105,0	110,0	115,0	1	160,0	170,0	180,0	3	435,0	65,67	8
-83kg																					
1.	Sutton Ryan	14.02.07	RSA	81,35	0,1398	12	205,0	215,0	225,0	1	120,0	125,0	130,0	1	65,0	67,5	X	1	405,0	56,64	12
-93kg																					
1.	Retief Eduard	28.03.06	RSA	91,55	0,1318	14	180,0	190,0	200,0	2	145,0	145,0	155,0	1	245,0	265,0	267,5	1	620,0	81,73	12
2.	Du Plooy Janco	14.09.06	RSA	91,75	0,1317	13	195,0	205,0	210,0	1	125,0	135,0	135,0	2	205,0	225,0	235,0	2	555,0	73,09	9
-105kg																					
1.	Niemand Zaid	14.07.06	RSA	102,85	0,1247	15	170,0	180,0	190,0	1	125,0	132,5	140,0	1	180,0	200,0	210,0	1	522,5	65,14	12

Team (points)

1.	Chinese Taipei	57	[12+12+12+12+9]	413,17	IPF GL
2.	South Africa	54	[12+12+12+9+9]	350,42	IPF GL
3.	Kazakhstan	17	[9+8]	103,90	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Hu Yu-Sung	Chinese Taipei	72.10	610,0	90,7741	1
2.	Su Zhong-Zhe	Chinese Taipei	73.70	602,5	88,6398	2
3.	Peng Bo-Jun	Chinese Taipei	64.60	555,0	87,5041	1

Juniors

-74kg																					
1.	Pornss Scott	04.02.01	RSA	72,65	0,1482	2	210,0	220,0	230,0	1	150,0	155,0	160,0	1	260,0	285,0	300,0	1	665,0	98,57	12
2.	Mothako Thapelo	01.10.01	RSA	73,60	0,1472	1	180,0	195,0	200,0	2	130,0	140,0	140,0	2	240,0	260,0	X	2	590,0	86,86	9
-83kg																					
1.	Eilim Avishai	04.05.04	RSA	82,60	0,1388	4	207,5	217,5	217,5	1	122,5	157,5	160,0	1	240,0	222,5	232,5	2	610,0	84,65	12
2.	Palmer Matthew	15.08.03	RSA	81,35	0,1398	3	207,5	215,0	X	2	122,5	127,5	132,5	2	240,0	260,0	267,5	1	582,5	81,46	9
-105kg																					
1.	Du Plessis Ryno	10.05.01	RSA	102,45	0,1249	5	250,0	260,0	275,0	1	130,0	145,0	152,5	1	230,0	245,0	250,0	1	677,5	84,61	12
-120kg																					
1.	Huang Yung-Chin	24.08.05	TPE	112,20	0,1198	7	270,0	280,0	X	1	150,0	160,0	X	1	260,0	280,0	280,0	2	720,0	86,23	12
2.	Curtain Simon	04.06.02	RSA	114,05	0,1189	8	200,0	212,5	220,0	2	130,0	137,5	142,5	2	275,0	295,0	312,5	1	650,0	77,28	9
3.	Altaybayev Andrey	03.08.03	KAZ	116,90	0,1176	6	100,0	115,0	125,0	3	90,0	100,0	105,0	3	100,0	120,0	170,0	3	400,0	47,04	8

Team (points)

1. South Africa	54 [12+12+12+9+9]	436,15IPF GL
2. Chinese Taipei	12 [12]	86,23IPF GL
3. Kazakhstan	8 [8]	47,04IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Pornss Scott	South Africa	72.65	665,0	98,5676	1
2.	Motlhako Thapelo	South Africa	73.60	590,0	86,8622	2
3.	Huang Yung-Chin	Chinese Taipei	112.20	720,0	86,2315	1

Masters 1**-83kg**

1.	Diema Steven	11.12.76	NRU	82,50	0,1389	1	200,0	207,5	212,5	1	130,0	140,0	442,5	1	180,0	195,0	200,0	2	552,5	76,71	12
2.	Chen Zhi-Hao	17.08.82	TPE	79,55	0,1414	2	170,0	185,0	197,5	2	110,0	112,5	420,0	2	170,0	195,0	200,0	1	497,5	70,37	9

-93kg

1.	Mncube Lemuel	21.09.84	RSA	91,35	0,1320	4	180,0	190,0	195,0	1	110,0	117,5	X	1	170,0	210,0	222,5	1	517,5	68,30	12
2.	Hannachi Hichem	28.08.77	ALG	91,70	0,1317	3	112,5	127,5	127,5	2	75,0	82,5	90,0	2	130,0	162,5	185,0	2	357,5	47,09	9

-105kg

1.	Scotty Elton	24.11.76	NRU	100,95	0,1258	6	250,0	270,0	280,0	1	160,0	170,0	172,5	1	220,0	230,0	260,0	2	672,5	84,58	12
2.	Serge Edlyn	14.03.84	RSA	104,10	0,1240	7	210,0	220,0	220,0	2	145,0	150,0	150,0	2	260,0	270,0	X	1	615,0	76,24	9

-120kg

1.	Reweru Dominic	16.10.76	NRU	117,75	0,1172	9	230,0	250,0	250,0	1	147,5	162,5	162,5	2	222,5	240,0	252,5	2	665,0	77,95	12
2.	Mudau Newton	13.04.81	RSA	119,50	0,1165	10	235,0	250,0	255,0	2	165,0	175,0	180,0	1	220,0	235,0	240,0	3	665,0	77,44	9
3.	Faku Madikane	11.07.76	RSA	115,35	0,1183	8	225,0	235,0	245,0	3	75,0	85,0	90,0	3	270,0	280,0	290,0	1	605,0	71,56	8

Team (points)

1. South Africa	38 [12+9+9+8]	293,54IPF GL
2. Nauru	36 [12+12+12]	239,24IPF GL
3. Chinese Taipei	9 [9]	70,37IPF GL
4. Algeria	9 [9]	47,09IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Scotty Elton	Nauru	100.95	672,5	84,5763	1
2.	Reweru Dominic	Nauru	117.75	665,0	77,9480	1
3.	Mudau Newton	South Africa	119.50	665,0	77,4446	2

Masters 2**-74kg**

1.	Lacob Yaniv	21.12.74	RSA	72,40	0,1485	1	105,0	125,0	135,0	1	85,0	110,0	115,0	1	125,0	150,0	167,5	1	412,5	61,25	12
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-83kg

1.	Boutarfa Aissa	19.09.70	ALG	82,70	0,1387	3	132,5	142,5	162,5	1	72,5	82,5	95,0	1	142,5	162,5	182,5	1	427,5	59,29	12
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-105kg

1.	Tannang Spencer	16.11.74	NRU	103,85	0,1241	6	220,0	232,5	250,0	1	137,5	147,5	147,5	1	190,0	200,0	220,0	1	617,5	76,63	12
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2.	Hayden Derek	24.02.68	RSA	104,10	0,1240	5	135,0	155,0	165,0	2	115,0	122,5	127,5	2	150,0	170,0	180,0	2	467,5	57,95	9
-120kg																					
1.	de Beer Hermanus	15.04.70	RSA	113,10	0,1193	8	180,0	197,5	215,0	2	140,0	150,0	152,5	1	240,0	255,0	270,0	1	637,5	76,08	12
2.	Bensch Denis	14.12.68	RSA	118,80	0,1168	7	215,0	235,0	242,5	1	135,0	145,0	150,0	2	220,0	235,0	245,0	2	632,5	73,85	9
120+kg																					
1.	Schoeman Pieter	16.03.68	RSA	132,25	0,1115	9	205,0	215,0	225,0	1	140,0	150,0	155,0	1	205,0	225,0	230,0	1	610,0	68,04	12

Team (points)

1.	South Africa	54	[12+12+12+9+9]	337,17	IPF GL
2.	Nauru	12	[12]	76,63	IPF GL
3.	Algeria	12	[12]	59,29	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Tannang Spencer	Nauru	103.85	617,5	76,6317	1
2.	de Beer Hermanus	South Africa	113.10	637,5	76,0767	1
3.	Bensch Denis	South Africa	118.80	632,5	73,8494	2

Masters 3

-93kg																					
1.	de Nysschen Tommie	30.05.63	RSA	84,10	0,1375	4	135,0	145,0	150,0	1	132,5	137,5	147,5	1	140,0	150,0	160,0	1	457,5	62,91	12

Team (points)

1.	South Africa	12	[12]	62,91	IPF GL
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Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	de Nysschen Tommie	South Africa	84.10	457,5	62,9113	1

Masters 4

-83kg																					
1.	Oppenheim Dan	30.06.48	RSA	81,10	0,1401	2	120,0	130,0	135,0	1	80,0	90,0	95,0	1	150,0	170,0	180,0	1	410,0	57,42	12

Team (points)

1.	South Africa	12	[12]	57,42	IPF GL
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Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Oppenheim Dan	South Africa	81.10	410,0	57,4246	1

SOI

120+kg																					
1.	Sillitoe Bryce	13.08.01	RSA	143,00	0,1081	9	90,0	100,0	112,5	1	80,0	90,0	97,5	1	95,0	110,0	120,0	1	330,0	35,67	12

Team (points)

1.	South Africa	12	[12]	35,67	IPF GL
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Best Lifters of SOI by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Sillitoe Bryce	South Africa	143.00	330,0	35,6737	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

ALG = Algeria

JPN = Japan

KAZ = Kazakhstan

NRU = Nauru

RSA = South Africa

TPE = Chinese Taipei