

ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION

Asian / Pacific / African Women's Classic Powerlifting Championships, Potchefstroom (South Africa), 06-13.07.2024

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press				All Deadlift			Total	IPF GL	Pts		
Open																					
-47kg																					
1.	Fang Hui-Ling	25.02.86	TPE	46,15	0,2823	1	105,0	110,0	115,0	1	55,0	60,0	62,5	1	140,0	145,0	150,0	1	327,5	92,46	12
-52kg																					
1.	Sohail Sybil	12.04.91	PAK	51,25	0,2557	2	60,0	75,0	75,0	1	30,0	35,0	40,0	1	70,0	80,0	85,0	1	200,0	51,14	12
-57kg																					
1.	van Wyngaard Rosan	22.12.86	RSA	55,95	0,2379	3	95,0	100,0	105,0	2	55,0	57,5	60,0	1	145,0	152,5	155,0	1	320,0	76,13	12
2.	Langman Hannah	02.11.96	RSA	56,75	0,2353	4	115,0	120,0	125,0	1	55,0	57,5	60,0	2	120,0	132,5	137,5	2	320,0	75,31	9
-63kg																					
1.	Huang Yen-Tzu	22.10.92	TPE	59,20	0,2282	6	130,0	140,0	145,0	1	90,0	100,0	112,5	1	140,0	155,0	165,0	1	417,5	95,26	12
2.	Dreyer Chantel	20.07.86	RSA	62,60	0,2197	5	120,0	130,0	130,0	2	50,0	55,0	60,0	2	125,0	135,0	145,0	2	315,0	69,20	9
-69kg																					
1.	Gadney Sasha	10.05.96	RSA	66,55	0,2115	5	145,0	155,0	162,5	2	95,0	100,0	102,5	1	165,0	175,0	185,0	1	420,0	88,83	12
2.	Chang Ching-Fang	26.03.77	TPE	68,35	0,2083	6	130,0	142,5	152,5	1	80,0	87,5	92,5	2	150,0	167,5	182,5	2	412,5	85,91	9
-76kg																					
1.	Serge V'leen	30.01.86	RSA	74,80	0,1987	8	130,0	137,5	142,5	1	65,0	67,5	72,5	1	150,0	160,0	170,0	1	375,0	74,50	12
2.	Lin Hsiao-Yu	18.08.00	TPE	70,55	0,2047	7	115,0	132,5	132,5	2	40,0	46,5	50,0	2	125,0	135,0	145,0	2	310,0	63,45	9
-84kg																					
—	Sohail Twinkle	03.03.96	PAK	0,00	-0,2297	2	X	X	X	—	X	X	X	—	X	X	X	—	TD	—	—
84+kg																					
1.	Wright Megan	05.05.00	RSA	103,59	0,1767	3	185,0	195,0	207,5	1	85,0	92,5	97,5	2	187,5	200,0	207,5	2	492,5	87,04	12
2.	van der Linde Marina	24.07.83	RSA	103,75	0,1767	4	160,0	170,0	180,0	2	92,5	97,5	100,0	1	185,0	197,5	205,0	1	485,0	85,68	9

Team (points)

1.	South Africa	57	[12+12+12+12+9]	412,18	IPF GL
2.	Chinese Taipei	42	[12+12+9+9]	337,09	IPF GL
3.	Pakistan	12	[12]	51,14	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Huang Yen-Tzu	Chinese Taipei	59.20	417,5	95,2643	1
2.	Fang Hui-Ling	Chinese Taipei	46.15	327,5	92,4624	1
3.	Gadney Sasha	South Africa	66.55	420,0	88,8342	1

Sub-Juniors

-57kg																					
1.	Chen Syue-En	26.11.06	TPE	54,85	0,2416	3	120,0	127,5	127,5	1	55,0	60,0	60,0	1	115,0	125,0	130,0	1	305,0	73,70	12
2.	Ridgard Joanna	20.03.07	RSA	55,64	0,2389	1	60,0	65,0	67,5	3	40,0	45,0	47,5	2	85,0	100,0	105,0	2	215,0	51,37	9
3.	Naicker Karamyn	17.06.06	RSA	53,75	0,2456	2	75,0	77,5	80,0	2	32,5	35,0	37,5	3	95,0	100,0	102,5	3	207,5	50,96	8
-63kg																					
1.	de Wet Mijuane	27.03.06	RSA	62,75	0,2193	4	145,0	155,0	161,5	1	60,0	70,0	72,5	1	145,0	160,0	172,5	1	390,0	85,54	12

-69kg																					
1.	Qiu Zi-En	22.02.06	TPE	65,90	0,2127	8	130,0	140,0	445,0	1	55,0	62,5	62,5	2	110,0	120,0	125,0	2	320,0	68,08	12
2.	Mulder Chante	14.11.06	RSA	67,85	0,2091	9	110,0	117,5	422,5	2	60,0	62,5	65,0	1	135,0	140,0	142,5	1	315,0	65,88	9
-76kg																					
1.	van der Merwe Roechelle	24.01.06	RSA	72,90	0,2012	10	125,0	135,0	142,5	1	65,0	72,5	72,5	1	145,0	155,0	162,5	1	370,0	74,45	12
2.	Cooper Jaymee	26.12.06	RSA	75,30	0,1980	11	125,0	137,5	142,5	2	60,0	65,0	67,5	2	140,0	150,0	155,0	2	357,5	70,79	9
84+kg																					
1.	van der Merwe Simone	23.01.07	RSA	89,35	0,1846	7	120,0	130,0	437,5	1	50,0	55,0	60,0	1	130,0	140,0	142,5	1	330,0	60,92	12

Team (points)

1.	South Africa	54	[12+12+12+9+9]	357,59	IPF GL
2.	Chinese Taipei	24	[12+12]	141,78	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	de Wet Mijuane	South Africa	62.75	390,0	85,5449	1
2.	van der Merwe Roechelle	South Africa	72.90	370,0	74,4477	1
3.	Chen Syue-En	Chinese Taipei	54.85	305,0	73,6968	1

Juniors

-57kg																					
1.	Sohail Veronika	21.07.02	PAK	52,05	0,2523	21	70,0	72,5	80,0	1	27,5	32,5	35,0	1	80,0	95,0	100,0	1	215,0	54,24	12
-76kg																					
1.	Fourie Marianka	28.01.02	RSA	74,50	0,1990	23	115,0	125,0	130,0	1	55,0	60,0	62,5	1	145,0	172,5	172,5	1	337,5	67,18	12
84+kg																					
1.	Li Hsin-Ying	27.08.02	TPE	107,65	0,1751	22	150,0	162,5	170,0	1	70,0	77,5	82,5	1	150,0	160,0	167,5	1	415,0	72,68	12

Team (points)

1.	Chinese Taipei	12	[12]	72,68	IPF GL
2.	South Africa	12	[12]	67,18	IPF GL
3.	Pakistan	12	[12]	54,24	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Li Hsin-Ying	Chinese Taipei	107.65	415,0	72,6756	1
2.	Fourie Marianka	South Africa	74.50	337,5	67,1794	1
3.	Sohail Veronika	Pakistan	52.05	215,0	54,2445	1

Masters 1

-47kg																					
1.	Lin Kuan-Bei	19.10.84	TPE	46,25	0,2817	1	70,0	77,5	82,5	1	40,0	45,0	50,0	1	90,0	100,0	110,0	1	227,5	64,09	12
-57kg																					
1.	Chang Chiao-Lin	21.10.75	TPE	56,40	0,2364	3	95,0	105,0	107,5	1	40,0	45,0	50,0	1	105,0	115,0	115,0	1	257,5	60,89	12
-63kg																					
1.	Chi Chia-Chi	11.04.75	TPE	62,10	0,2208	4	60,0	70,0	80,0	1	60,0	70,0	80,0	1	100,0	115,0	130,0	1	280,0	61,84	12
-76kg																					

1. Poxon Jodi	04.02.75	RSA	75,65	0,1976	9	440,0	440,0	110,0	1	60,0	62,5	65,0	1	110,0	120,0	427,5	1	292,5	57,79	12
84+kg																				
1. Jones Lauren	09.10.77	RSA	121,25	0,1711	7	160,0	170,0	177,5	1	75,0	82,5	87,5	1	150,0	167,5	182,5	1	447,5	76,58	12
2. Townsend Michele	14.12.76	RSA	120,25	0,1714	6	110,0	120,0	125,0	2	55,0	60,0	62,5	2	140,0	165,0	170,0	2	357,5	61,26	9

Team (points)

1. Chinese Taipei	36 [12+12+12]	186,81IPF GL
2. South Africa	33 [12+12+9]	195,63IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Jones Lauren	South Africa	121.25	447,5	76,5789	1
2.	Lin Kuan-Bei	Chinese Taipei	46.25	227,5	64,0886	1
3.	Chi Chia-Chi	Chinese Taipei	62.10	280,0	61,8360	1

Masters 2

-52kg

1. Barry Elisabeth	28.03.73	RSA	51,85	0,2531	2	75,0	80,0	85,0	1	35,0	37,5	40,0	1	105,0	115,0	420,0	1	237,5	60,12	12
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84+kg

1. Ngubane Buyisile	16.11.74	RSA	103,70	0,1767	5	100,0	110,0	115,0	1	47,5	52,5	55,0	1	125,0	145,0	150,0	1	320,0	56,54	12
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Team (points)

1. South Africa	24 [12+12]	116,66IPF GL
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Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Barry Elisabeth	South Africa	51.85	237,5	60,1196	1
2.	Ngubane Buyisile	South Africa	103.70	320,0	56,5370	1

Masters 3

-69kg

1. Lee Tsai-Wei	15.07.61	TPE	66,85	0,2110	8	85,0	95,0	102,5	1	42,5	47,5	52,5	1	95,0	110,0	117,5	1	267,5	56,43	12
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Team (points)

1. Chinese Taipei	12 [12]	56,43IPF GL
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Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Lee Tsai-Wei	Chinese Taipei	66.85	267,5	56,4297	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
 1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

PAK = Pakistan

TPE = Chinese Taipei

RSA = South Africa