

## ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION

Asian / Pacific / African Men's Equipped Bench Press Championships, Potchefstroom (South Africa), 06-13.07.2024

## SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
<b>Open</b>												
<b>-83kg</b>												
1.	Ionin Yakov	13.03.86	KAZ	75,35	0,3835	5	180,0	190,0	200,0	200,0	76,70	12
<b>-93kg</b>												
1.	Yemchenko Alexander	06.12.90	KAZ	84,90	0,3504	8	210,0	230,0	<del>235,0</del>	230,0	80,58	12
<b>-105kg</b>												
1.	Horiguchi Yosuke	27.04.93	JPN	101,65	0,3154	11	<del>255,0</del>	<del>260,0</del>	270,0	270,0	85,14	12
2.	Turysbekov Askar	18.04.91	KAZ	102,15	0,3146	10	200,0	215,0	230,0	230,0	72,36	9
<b>-120kg</b>												
1.	Altaibaev Andrey	25.06.72	KAZ	112,50	0,3014	15	210,0	225,0	<del>235,0</del>	225,0	67,81	12
<b>120+kg</b>												
1.	Breetzke Simon	06.03.78	RSA	154,90	0,2752	17	255,0	270,0	282,5	282,5	77,75	12
2.	Crain John	09.12.69	RSA	126,90	0,2888	16	220,0	235,0	<del>257,5</del>	235,0	67,87	9

## Team (points)

1.	Kazakhstan	45 [12+12+12+9]	97,45IPF GL
2.	South Africa	21 [12+9]	45,63IPF GL
3.	Japan	12 [12]	85,14IPF GL

## Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Horiguchi Yosuke	Japan	101.65	270,0	85,1448	1
2.	Yemchenko Alexander	Kazakhstan	84.90	230,0	80,5844	1
3.	Breetzke Simon	South Africa	154.90	282,5	77,7508	1

## Sub-Juniors

<b>-53kg</b>												
1.	Lazarek Denis	04.08.07	KAZ	51,50	0,5959	1	60,0	65,0	70,0	70,0	41,72	12
<b>-59kg</b>												
1.	Melnikov Pyotr	04.05.07	KAZ	58,45	0,4986	2	70,0	77,5	82,5	82,5	41,13	12
<b>-66kg</b>												
1.	Botha Ferde	26.06.06	RSA	65,75	0,4356	4	90,0	97,5	105,0	105,0	45,74	12

## Team (points)

1.	Kazakhstan	24 [12+12]	82,85IPF GL
2.	South Africa	12 [12]	45,74IPF GL

## Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Botha Ferde	South Africa	65.75	105,0	45,7365	1
2.	Lazarek Denis	Kazakhstan	51.50	70,0	41,7159	1
3.	Melnikov Pyotr	Kazakhstan	58.45	82,5	41,1339	1

## Juniors

1.	Zharmenov Timur	01.01.05	KAZ	64,15	0,4471	3	70,0	<del>80,0</del>	87,5	87,5	39,12	12
<b>-93kg</b>												
1.	Kim Dmitriy	08.09.02	KAZ	86,95	0,3448	7	100,0	110,0	117,5	117,5	40,52	12
<b>-120kg</b>												
1.	Altaybayev Andrey	03.08.03	KAZ	116,93	0,2969	14	100,0	X	X	100,0	29,69	12

## Team (points)

1.	Kazakhstan	36 [12+12+12]	09,33IPF GL
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## Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kim Dmitriy	Kazakhstan	86.95	117,5	40,5158	1
2.	Zharmenov Timur	Kazakhstan	64.15	87,5	39,1247	1
3.	Altaybayev Andrey	Kazakhstan	116.93	100,0	29,6933	1

**Masters 1**

<b>-93kg</b>												
1.	Zharmenov Denis	01.01.78	KAZ	84,55	0,3514	6	80,0	90,0	100,0	100,0	35,14	12
<b>-120kg</b>												
1.	Tao Feng	11.09.78	CHN	113,95	0,2999	13	125,0	150,0	170,0	150,0	44,98	12

**Team (points)**

1.	China	12	[12]	44,98	IPF GL
2.	Kazakhstan	12	[12]	35,14	IPF GL

**Best Lifters of Masters 1 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Tao Feng	China	113.95	150,0	44,9798	1
2.	Zharmenov Denis	Kazakhstan	84.55	100,0	35,1361	1

**Masters 2**

<b>-105kg</b>												
1.	Kanchan Vijaya	24.07.68	IND	103,10	0,3132	9	160,0	160,0	180,0	180,0	56,37	12
<b>-120kg</b>												
1.	de Beer Hermanus	15.04.70	RSA	113,15	0,3007	12	152,5	165,0	175,0	165,0	49,62	12

**Team (points)**

1.	India	12	[12]	56,37	IPF GL
2.	South Africa	12	[12]	49,62	IPF GL

**Best Lifters of Masters 2 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Kanchan Vijaya	India	103.10	180,0	56,3737	1
2.	de Beer Hermanus	South Africa	113.15	165,0	49,6152	1

**Abbreviations:**

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.  
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CHN = China  
 IND = India

JPN = Japan  
 KAZ = Kazakhstan

RSA = South Africa