

## ASIAN / PACIFIC / AFRICAN POWERLIFTING FEDERATION

## Asian / Pacific / African Women's Equipped Bench Press Championships, Potchefstroom (South Africa), 06-13.07.2024

## SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
<b>Open</b>												
<b>-52kg</b>												
1.	Poojarthy Akshatha	08.08.87	IND	51,75	0,6957	2	70,0	80,0	85,0	85,0	59,14	12
<b>-76kg</b>												
1.	Sukanya Tejavath	15.12.95	IND	75,20	0,5476	11	80,0	95,0	110,0	95,0	52,02	12
<b>84+kg</b>												
1.	Altaibaeva Marina	25.12.73	KAZ	121,65	0,4721	5	40,0	45,0	X	45,0	21,25	12

## Team (points)

1. India	24 [12+12]	111,16IPF GL
2. Kazakhstan	12 [12]	21,25IPF GL

## Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Poojarthy Akshatha	India	51.75	85,0	59,1374	1
2.	Sukanya Tejavath	India	75.20	95,0	52,0249	1
3.	Altaibaeva Marina	Kazakhstan	121.65	45,0	21,2466	1

## Sub-Juniors

<b>-69kg</b>												
1.	Mulder Chante	14.11.06	RSA	68,00	0,5768	8	85,0	90,0	92,5	90,0	51,91	12
<b>-76kg</b>												
1.	Maree Anika	12.07.06	RSA	74,85	0,5488	10	75,0	77,5	80,0	80,0	43,91	12

## Team (points)

1. South Africa	24 [12+12]	95,82IPF GL
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## Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Mulder Chante	South Africa	68.00	90,0	51,9123	1
2.	Maree Anika	South Africa	74.85	80,0	43,9079	1

## Juniors

1.	Moikar Sejal	01.01.02	IND	71,80	0,5603	9	90,0	100,0	102,5	102,5	57,43	12
<b>84+kg</b>												
1.	Khopikar Anushka	19.06.02	IND	92,95	0,5037	4	57,5	60,0	62,5	62,5	31,48	12

## Team (points)

1. India	24 [12+12]	88,91IPF GL
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## Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Moikar Sejal	India	71.80	102,5	57,4274	1
2.	Khopikar Anushka	India	92.95	62,5	31,4803	1

## Masters 1

<b>-52kg</b>												
1.	Nilima Patil	15.08.78	IND	50,95	0,7048	1	62,5	67,5	67,5	62,5	44,05	12
<b>-69kg</b>												
1.	Kokane Poonam	31.03.80	IND	68,20	0,5759	7	57,5	57,5	60,0	60,0	34,55	12
<b>-84kg</b>												
1.	Kiran Tyagi	11.07.80	IND	79,95	0,5327	3	65,0	72,5	77,5	72,5	38,62	12

## Team (points)

1. India	36 [12+12+12]	117,23IPF GL
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## Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
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1.	Nilima Patil	India	50.95	62,5	44,0524	1
2.	Kiran Tyagi	India	79.95	72,5	38,6231	1
3.	Kokane Poonam	India	68.20	60,0	34,5516	1

### Masters 3

#### -69kg

1.	Leighton Heather	25.06.64	RSA	68,35	0,5752	6	65,0	67,5	67,5	67,5	38,82	12
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#### Team (points)

1.	South Africa	12	[12]	38,82	IPF GL
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#### Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Leighton Heather	South Africa	68.35	67,5	38,8232	1

#### Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

IND = India

RSA = South Africa

KAZ = Kazakhstan