

## Clifford Hayim

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**To:** Hannie  
**Subject:** RE: MASTER MEN AND WOMEN POWERLIFTING CHAMPIONSHIPS ST CATHATRINE CANADA OCTOBER 2011

HI ALL

ALL THESE LIFTERS QUALIFIED FOR THE MASTER WORLD CHAMPIONSHIPS, AFRICA CHAMPIONSHIPS AND THE COMMONWEALTH CHAMPIONSHIPS

### MASTER 1 WOMEN

57KG HESTERKI RANGE  
63KG MICHELLE DE SOUSA  
72KG BONITA HEIN

### MASTER II WOMEN

52KG MIRIAM SINCLAIR

### MASTER I MEN

66KG KARL CHRISTIANS  
93KG PIETER ERASMUS  
93KG STEPHEN STANDER  
105KG CHRISTO JORDAAN  
105KG JOHAN DUVENHAGE

### MASTER II MEN

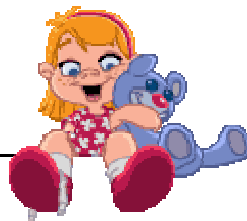
83KG LOUIS JACOBS  
120KG ANDRE LUDIK  
120+KG WILLY JOHNSTONE-ROBERTSON

### MASTER III MEN

74KG DAN OPPENHEIM

REGARDS

HANNIE



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## Clifford Hayim

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To: Hannie  
Subject: RE: SUB/JUNIOR & JUNIOR WORLD POWERLIFTING CHAMPIONSHIPS, 27 AUG - 4  
SEP 2011 IN MOOSE JAW CANADA - TEAM SA

SURCULATE PLEASE

HI ALL

### SUB JUNIOR WOMEN

63KG	JERAIN HUNT	PROTEA
63KG	ANNEKE JORDAAN	PROTEA

### JUNIOR WOMEN

57KG	ILZE-MARI MARITZ	FEDERATION
84KG	NATALIE MOHR	FEDERATION
84+KG	ESMAY SMITH	PROTEA

### SUB JUNIOR MEN

74KG	TSHEPO RAPOO	PROTEA
74KG	WHANSTACWIN BOOYSEN	PROTEA
93KG	MARK REYNEKE	PROTEA
93KG	TRENT WILLIAMS	PROTEA

### JUNIOR MEN

74KG	JAPHTA KHALAPA	FEDERATION
83KG	PIETER FOURIE	PROTEA
83KG	NATHAN VALENTINE	PROTEA
93KG	JUAN FOURIE	PROTEA
105KG	MARTIN GROBLER	FEDERATION
105KG	JOHAN SMITH	PROTEA
120KG	JOSHUA CAPAZORIA	PROTEA
120KG	BENEDICT BUCARIZZA	FEDERATION

### RESERVE LIFTERS

83KG	JUBALANI PHANTILE
83KG	KYLE DORFLING
83KG	CLIVE BATTISON

ALL 3 RESERVE LIFTERS QUALIFY FOR PROTEA COLOURS IF ANY ONE PULL OUT IN THE 83KG CLASS. THEY WILL BE IN THE TEAM.

REGARDS,

## Clifford Hayim

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**To:** Hannie  
**Subject:** RE: MEN AND WOMEN OPEN WORLD CHAMPIONSHIPS NOVEMBER 2010 PILZEN  
CZECH REPUBLIC

HI ALL

THE FOLLOWING LIFTERS QUALIFIED TO REPRESENT SA AT THE OPEN WORLD CHAMPIONSHIPS, THE AFRICA CHAMPIONSHIPS AND THE COMMONWEALTH CHAMPIONSHIPS 2011.

### SENIOR WOMEN

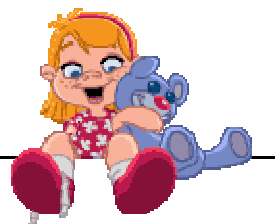
52KG	MIRIAM SINCLAIR	PROTEA
57KG	HESTERKI RANGE	PROTEA
63KG	MICHELLE DE SOUSA	PROTEA
63KG	LAURIKA KILLIAN	FEDERATION
84+KG	ESMAY SMITH	FEDERATION

### SENIOR MEN

74KG	MATTHEW COPPENHALL	PROTEA
83KG	PIETER FOURIE	PROTEA
83KG	NATHAN VALENTIONE	FEDERATION
93KG	JOHAN SMITH	PROTEA
120KG	MATHEW COSMO	FEDERATION
120KG	RUAN KLEINSMIT	FEDERATION
120+KG	SHAUN O'MEARA	FEDERATION
120+KG	THANDO MAKHETA	FEDERATION

REGARDS

HANNIE



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